



Volume 4 - Issue #5

May 2022

“The Gathering Place:  
Where Friends  
Become Family”

127 Kenyon Road  
Cobleskill, NY 12043  
518-823-4338  
schoharieseniors.org

Our mission is to provide healthy and active lifestyles  
for people who are 50 plus.

## Celebrating 50 Years...

We are coming up on a couple of milestone anniversaries for both the Schoharie County Council of Senior Citizens and The Gathering Place 50 Plus Community Center. For anyone who doesn't know, The Schoharie County Council of Senior Citizens is the Not-for-Profit which is responsible for so many great things over the past 50 years for our aging population. The Senior Council is responsible for not only opening the first ever Gathering Place 50 Plus Community Center, but also for creating the Public Transportation for Schoharie County, as well as advocating to get the Office for the Aging into Schoharie County, and is still the employer for 46 employees, most of which are contracted out to Public Transportation and Office for the Aging, as well as operating the two Everything Shoppes.

With that said, the Senior Council would have never been created if it wasn't for Ethel Benninger. Ethel spearheaded the organization of the Senior Council and was instrumental in getting so many services for our senior citizens to our area.

As most of you know by now, we are celebrating the 50 year anniversary of the Senior Council, which is an amazing feat for any not-for-profit, and we are celebrating the one year anniversary for the Gathering Place 50 Plus Community Center which has changed the lives of our aging population and provided opportunities that have never been offered in this area before. We know that funds are tight with our current economy but we would hope that you could join us for our Anniversary Celebration at our 1st Gala on Thursday, May 12th, from 4:00 to 8:00 pm. There will be delicious food, great speakers, 50/50 raffle, silent auction and so much more. Come join us as we honor Ethel Benninger and celebrate all of our great accomplishments over the last 50 years. Please call Marie at the front desk to reserve your ticket. Cost is only \$50 per ticket! Deadline for tickets is Friday, May 6th!

I know I can count on all of you for your continued support.

As always, if you have any questions or need any assistance, please feel free to contact either me or Marie at 518-823-4338.

-Kim Witkowski, Executive Director

## Reminders: When Registering for Classes:

When you register for classes with fees, please understand that you are responsible for paying the fee, even if you are unable to make the class. The only exception to this is if we have to cancel the class for lack of participants or if something unforeseen happens to the instructor. Almost all of the classes here at the Center are priced to just cover costs – we do not make any extra money on classes. The Gathering Place is responsible for paying for all registered attendees for events.

As you are aware, the Gathering Place is a not-for-profit and we do not have extra money to cover class fees when people do not show up. We would really appreciate your assistance in being responsible to cover your class fees.



# May 2022 Programs and Activities at the Gathering Place

The following is a list of some of the programs and activities that will be offered at our center in May. As stated previously, it is important that you pre-register for classes, either by registering on-line or by calling the Center directly at 518-823-4338. There are limited openings for each of our classes depending on the type of class, so register as soon as possible.

## What's New in May?

### Beginner Calligraphy and Card Making Class with Liz

Facilitated by Liz Kosier  
Wednesday, May 11th, 2022  
1:00 to 3:00 p.m.  
Activity Room B

Cost: Members: \$5; Non-members: \$10

You'll learn about the tools and materials every calligrapher needs and how to hold and use the pen, starting with basic strokes. If you want to add a special flourish to your handwritten projects, Introduction to Calligraphy is the perfect place to start.



### Learn How to Cross Stitch Class with Liz

Facilitated by Liz Kosier  
Wednesday, May 18th, 2022  
1:00 to 3:00 p.m.  
Activity Room B  
Cost: Members: \$5; Non-members: \$10

Join Liz in learning how to do a basic cross stitch and make your very own special book mark. No experience necessary! Come join us for this fun Class!



### Learn How to Make a Wire Wrapped Summer Wreath with Liz

Facilitated by Liz Kosier  
Wednesday, May 25th, 2022  
1:00 to 3:00 p.m.  
Activity Room B  
Cost: Members: \$5; Non-members: \$10

Join Liz in learning how to make a beautiful mesh wreath on a wire frame. No experience necessary! Come join us for this fun Class!



### Defensive Driving Course is Back!

#### Defensive Driving Class

Facilitated by Linda Karpovich  
Monday, June 6th, 2022  
**\*\*\*Please Note Time Change!\*\*\***

9:30 am to 3:30 pm

Activity Room A

Cost: Member - \$35; Non-member \$40  
Certified by New York State, Defensive Driving Class after successful completion will allow you: a 10% insurance discount; reduction of your current driving record by up to 4 points; refresh your driving skills and learn techniques for accident prevention. [Sign up asap as this class fills up fast!](#)



### Understanding Alzheimer's & Dementia

Facilitated by Ann Thayer  
Tuesday, May 10th, 2022  
1:00 pm to 2:30 pm

Activity Room A

Cost: No Cost

Alzheimer's Disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association Services and Supports.

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# May 2022 Programs and Activities at the Gathering Place – Continued

## Silver Sneakers Classic

Facilitated by Alison Smith

Mondays and Fridays:

10:30am to 11:30 am

Multipurpose Room

Cost: Members - \$5/class; non-members - \$7/class; Silver Sneakers Members - this Class is free as long as you have your Silver Sneakers Card.

This class will increase muscle strength and range of movement, and improve activities for daily living. You will have a chair for seated exercises and standing support. Your instructor can modify the exercises for your fitness level. Uses a fitness ball, resistance tubing with handles, and light handweights which are all provided.



## Gentle PiYo

Facilitated by Alison Smith

Wednesdays: 9:15 to 10:15 am and

Saturdays: 9:00am to 10:00 am

Multipurpose Room

Cost: Members - \$5/class; non-members - \$7/class

Gentle PiYo is designed to build strength, improve flexibility, and tone muscles all in one class. Using bodyweight movements and flowing yoga poses, we work every muscle without unnecessary stress on the body. Please bring a mat to use with this class. Your instructor can modify exercises for your fitness level.



**SilverSneakers®**

## Silver Sneakers Stability: A Fall Prevention Workshop Series

Facilitated by Alison Smith

Tuesdays and Thursdays, starting  
April 19th through May 26th, 2022

1:00 pm to 2:00 pm

Multipurpose Room

Cost: Silver Sneakers Members - Free; Gathering Place Members - \$6/class (\$65.00 for series); non-members - \$7/class (\$75.00 for series); Silver Sneakers Members - this Class is free as long as you have your Silver Sneakers Card.

Are you at risk for falling? Get stronger and improve your balance. This class is designed specifically to help prevent falls. Individual assessments and educational packets will be provided. **This six week**

**program includes 12 Stability**

**Classes, and 6 passes for Silver Sneakers Classic**

**classes. The cost of \$65.00 must be paid for non-silver sneakers card holders.**

**While this class series has now started, we are collecting names for other people who may be interested in attending the next Fall Prevention Workshop. Just contact Marie at the Front Desk to get your name on the list for a future class.**

Please note that this class is meant to be done as a series so that you will be able to see the progress you have made during this class.



## Lavender Care in Home Gardens

Facilitated by Jeanne Gostling

Friday, May 20th, 2022

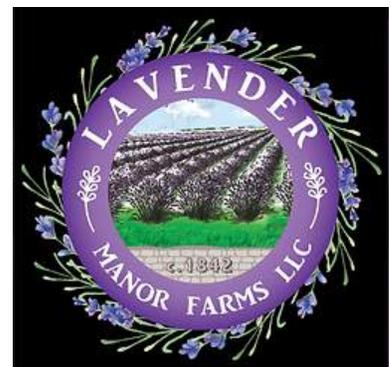
10:00 am to 12:00 p.m.

Outside and in Back of Gathering Place

Cost: Members: Free; Non-members: \$2

Jeanne Gostling, Owner and Operator of Lavender Manor Farms, LLC, will discuss plant selection, soil prep, placement consideration, disease control, and winterizing for survival.

Please call the front desk in advance to register for this workshop.



## “Let’s Talk” Women’s Support Group

Facilitated by Kim Witkowski

Every Tuesday

2:00 to 3:00 p.m.

Board Room

Cost: No Charge

The purpose of this group is to provide an opportunity for our aging women to come together and create a support system that extends beyond the need for social connection and to avoid loneliness. Many women, especially those of us without immediate family, are at risk of isolation and spending too much time alone. Having social interactions gives us a greater sense of purpose and a sense of motivation that makes us behave in ways that are better for our own health. Please join us and see the possibilities of what we can do together!

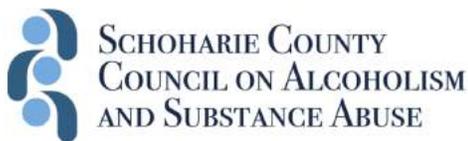


# May 2022 Programs and Activities at the Gathering Place – Continued

## Problem Gambling Verses Recreational Gambling and How to Tell the Difference

Facilitated by Justin Hamm, Executive Director, CPP  
SCCASA  
Tuesday, May 17th, 2022  
11:00 to 12:30 pm  
Activity Room A  
Cost: No Cost

We are very fortunate to have Justin Hamm, Executive Director of Schoharie County Council of Alcoholism and Substance Abuse joining us to do a presentation on a basic overview of what problem gambling is and the signs and symptoms to look for, and the difference between recreational gambling and problem/addictive gambling. Justin will be bringing some items to share, as well some snacks. Please join us for this interesting topic and discussion.



## Introductory Beaded Jewelry Party with Leslie

Facilitated by Leslie Waters  
Thursday, May 19th, 2022  
1:00 to 3:00 p.m.  
Activity Room B  
Cost: Members: \$5; Non-members: \$10

Join Leslie as she teaches you the art of creating beautiful beaded jewelry that you can make for yourself or as a gift. All supplies provided. No experience necessary! Come join us for this fun class!



## Our Partnership with Sarah Hoose and her Green Lunches!

We are so happy to have partnered with Sarah Hoose in bringing healthy lunches to the Gathering Place five days a week. Here is a little information about Sarah:

"Green Lunch officially started about 4 years ago. I was not planning on starting a business but after having my 2nd son in 2014 I left my full time job. I was working part time as a receptionist at 560 Salon and Spa when everyone wanted to eat healthier. I brought in a quiche and salad 1 day & it spiraled from there. I started bringing food in a couple times a week.

Customers at the salon starting asking about it. My neighbor that works at the school asked about it too. So we decided to make this a business. My husband & I started looking at kitchens to rent but in the end decided to build a commercial kitchen in our basement. After a lot of research & working extra jobs we finally finished the kitchen around 4 years ago & business has been building since. This has been a great experience meeting new customers, cooking healthy recipes and being around for my family."

We are so thankful to work with Sarah in bringing her Green Lunches here to the Center. The cost is \$10 per lunch. Weekly menus are available at the Front Desk and are emailed out to our members who have emails on file. Just call Marie to order.

## "America the Beautiful"

Facilitated by Karen Brueck  
Wednesday, May 25th, 2022  
1:00 to 2:30 pm  
Activity Room A  
Cost: No Cost

Come join Karen Brueck on her grand adventure of biking across America from the Pacific to the Atlantic - from sea to shining sea! She will share her 3,113 mile trip with you, along with a video of the trip set to music. She will also share comments of her thrills and chills - and spills! Light refreshments will be served. Call the Front Desk to register so that we can have an idea of how many people will be joining us.



Below are a couple of examples of the delicious healthy lunches that Sarah creates every week!



# Arts & Crafts

The following Classes are all facilitated by the staff from the Studio for Art and Craft

## Fused Glass is Back! Every Wednesday!

### Fused Glass

10:00 to 11:15 am

Activity Room B

Cost: \$48 for 4-week Session

Join us to create beautiful fused glass items that can be displayed or they also make a beautiful gift for yourself or someone else. Pre-registration is required by calling the Gathering Place front desk.



## Friday, May 6th, 2022 Dot Mandala Planter

10:00 to 11:30 am

Activity Room B

Cost: \$20

**Deadline to register is 5/4/2022!**

Join us to create this beautiful Dot Mandala Planter. We had so much fun doing the plates and now we can add the planter. No experience necessary! Pre-registration is required by calling the Gathering Place front desk.



## Friday, May 13th, 2022

### Knotted Silk Cord Necklace

10:00 to 11:15 am

Activity Room B

Cost: \$20

**Deadline to register is 5/11/2022!**

Join us to create this beautiful and fun Knotted Silk Cord Necklace. This makes a beautiful gift for yourself or someone else. Pre-registration is required by calling the Gathering Place front desk.



## Friday, May 20th, 2022 Pottery Gnome (4")

10:00 to 11:15 am

Activity Room B

Cost: \$20

**Deadline to register is 5/18/2022!**

Join us to create this cute pottery Gnome to brighten up your home or garden. Pre-registration is required by calling the Gathering Place front desk.



## Friday, May 27th, 2022

### Pottery Wheel Try-It

10:00 to 11:15 am

Activity Room B

Cost: \$20

**Deadline to register is 5/25/2022!**

Join us to try out using a pottery wheel. Have you ever wanted to try creating a pottery piece but nervous to try? This is a great opportunity to see what it is all about. Pre-registration is required by calling the Gathering Place front desk.



## Saturday Classes:

### May Paint and Snack

Saturday, May 14th, 2022

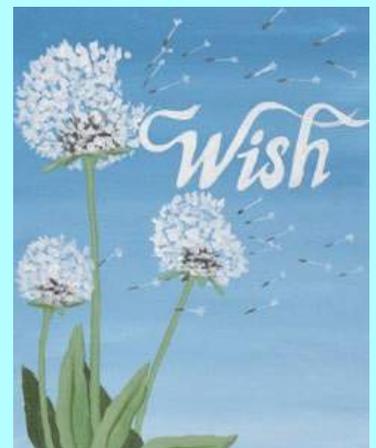
10:00 am to 12:00 pm

Activity Room B

Cost: \$20

Spring is here! Join us to paint this beautiful Wish Painting to share with your loved ones. Join us for lots of laughter, creativity, and snacks!

**Deadline to register is 5/11/2022!**

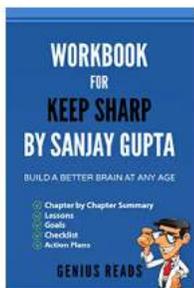


## Stress Management for the Aging Brain

Facilitated by Sandra Marnell - retired RN, Counselor, and Trainer  
Thursdays – 10:00 am to 11:00 am  
Board Room

Cost: Members - \$3/class; Non-members - \$5/class

In this class we will be using the Workbook for Keep Sharp by Dr. Sanjay Gupta. Participants will be provided with their own copy of this important workbook. Join us as we help you to manage your response to stress and boost your brain power with scientific, medically endorsed methods. Please join us for weekly sessions. We will talk about things like The Mind diet for dementia prevention and Connection for Prevention. There will be an opportunity to write, talk, or reflect on your own feelings and ideas. Walk-ins are welcome!



## Line Dancing for Fun!

Facilitated by Various Instructors

**\*\*Fridays: 12:00 to 1:00pm\*\***

Multipurpose Room

Cost: Members – No Cost; Non-members - \$5/class.

Line Dancing is a fun, healthy, and rewarding activity. There are many benefits including health and confidence. Join us for this fun beginner line dancing class!



## Chair Yoga with Denise

Facilitated by Denise Kelly

Wednesdays: 10:30 to 11:30 am

Multipurpose Room

Cost: Members - \$5/class; Non-members - \$7/class

Yoga moves primarily in a chair, some standing (not necessary). Yoga can improve flexibility, concentration, and strength while boosting your mood and reducing stress and joint strain.



## Sing-along Fun

**\*\*Note Time Change\*\***

Facilitated by Peter Enders

**Fridays – 3:00 to 4:30 pm**

Multipurpose Room

Cost: No Cost

This workshop is all about fun through music. Engage your minds, memories, and movement through music. Come and have fun singing and clapping to your favorite songs.



## Intermediate Line Dancing, Facilitated by a team

Mondays: 9:00 to 10:00 am

Multipurpose Room

Cost: None.

We have had many people asking if we would be doing a more advanced Line Dancing for those who have danced before. Well, here you go. This particular class will be run by a group of Intermediate to Advance dancers. This class is more of a learn by doing class.



## Zumba with Wendy

**Facilitated by Wendy Miller**

Multipurpose Room

Saturdays: 10:00am to 11:00 am

Cost: Members - \$5/class; non-members - \$7/class

This Zumba Class will be a little lower-intensity version of the typical Zumba class and features Latin and World rhythms and is designed to help you reach your exercise goals and help you to continue to live a healthy lifestyle and have fun all at the same time!



## Overall Wellness Addiction and Mental Health Support Group

Facilitated by SCCASA  
Every Wednesday  
11:30 am to 12:30 p.m.  
Board Room

If you have questions or concerns about Substance Abuse Disorders, the Recovery process or how Mental Illness affects your loved ones, stop in and see us. Jason from Schoharie County Mental Health along with Maggie and Tom from Schoharie County Council on Alcoholism and Substance Abuse will answer questions. For more information, contact the Center or contact SCCASA directly at 518-234-8705. Walk-ins are welcome and encouraged.

## Traditional Yoga with Denise

Facilitated by Denise Kelly  
Mondays – 9:00 am to 10:00 am  
Activity Room A  
Cost: Members - \$5/class; Non-members - \$7/class

Traditional Yoga poses using your own Yoga mat. Yoga can improve flexibility, concentration, and strength while boosting your mood and reducing stress and joint strains. It is a great way to start off your week. Join us on Mondays to see what it is all about.



## Hand and Foot Card Group

**Fridays**  
**1:00 to 4:00 pm** **NEW Group!!!**  
**Board Room**  
**Cost: None**

Hand and Foot is a North American game related to Canasta, in which each player is dealt two sets of cards - the hand, which is played first, and the foot, which is played when the hand has

been used up. There are numerous variations of this game and no standard rules. You don't need to have played the game before to join the fun. Beginners are welcome!

## Circle of Hope Grief Support Group

Facilitated by Barbara Buongiorno, RN  
Every Wednesday  
1:00 to 2:30 pm

Game Room  
Cost: None

This support group will provide hope that will heal the heart, mind, and body through the grieving process. Insight will be given into the five stages of grief. With support, encouragement, and discussions on the grieving and the healing process, the group will provide an environment of understanding with others who share like experiences.



## Alzheimer's Support Group for Schoharie County.

Facilitated by Ann Marie Thayer  
4th Friday of every month  
Board Room

Please contact Ann Marie Thayer directly at 607-282-3035 to sign up for this group.

10:00am to 12:00pm

If you are interested in this support group, please let Marie at the front desk know and she will give you information on how to contact Ms. Thayer.

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## TOPS Group – Taking Off Pounds Sensibly

Facilitated by Nancy Harrington  
Fridays – 1:00 to 3:00 pm

Multipurpose Room

Cost: \$49 which will be handled by the group leader at the time of the meeting.

TOPS is open to anyone who would like to learn about tools and programs for healthy living and weight management, with exceptional group fellowship and recognition.



## Pinochle Group

Tuesdays and Thursdays

1:00 to 4:00 pm

Activity Room A

Cost: None

Pinochle is a strategy game with either two, three, or four players and played with a 48-card deck (cards provided). The objective of the game is to be the first team to score 150 points or more. You don't need to have played the game before to join the fun. Beginners are welcome!



Special Note: As you can see, we are no longer including the printed calendar with our newsletter. We will still print copies and they will be available at the front desk of the Center. We have run out of room in our newsletter!

## Casino Tutorial

Facilitated by Peter Enders

**We are taking a break for the summer - this class will resume in September!**



## Mahjong Group

Thursdays, 1:00 to 4:00 pm

Activity Room B

Cost: None

Ever played Mahjong? Want to learn more about this intense but exciting game? Come to the Center every Thursday afternoon and join the group. Mahjong is a tile-based game that was developed in the 19<sup>th</sup> century in China and is played in groups of four.



We offer 8-week Computer Classes throughout the year. Our Computer Classes for this term are already filled; however, we will have new classes starting in September. These classes will be announced in future newsletters so that you will be able to sign up for them at that time.



## Computer Classes for Beginners

Facilitated by Marcy Holmes

Wednesdays: 10:00 am to 11:00 am  
Computer Lab

**Note this Class is an 8-week class.**

Cost: Free for Members; \$5 per class for non-members.

This class is designed for those individuals who have never used a computer before or want to learn how to use a computer. This class will start from all the basics, such as how to turn it on to creating files, searching the internet, etc. Please note this class is limited to 12 people.

**Please note that these computer classes are already in session and are closed for this term.**



## Intermediate Computer Class

Facilitated by Marcy Holmes

Wednesdays: 11:30 am to 12:30 pm  
Computer Lab

**Note this Class is an 8-week class.**

Cost: Free for Members; \$5 per class for non-members.

This class is designed for those individuals who are familiar with computers and have some experience with computers, but would like to learn more about software, such as spreadsheets, creating documents, forms, etc. Please note this class is limited to 12 people. **Please note that these computer classes are already in session and are closed for this term.**

## Beginner Computer Class PM Session

Facilitated by Marcy Holmes

Wednesdays: 1:00 pm to 2:00 pm  
Computer Lab

Cost: Free for Members; \$5 per class for non-members.

**Because this class is so popular, Marcy is graciously adding one more additional class for Beginner Computer participants. Please note you can only attend one of the computer classes - we need to have additional availability for new learners.**

This class is designed for those individuals who are familiar with computers and have some experience with computers, but would like to learn more about software, such as spreadsheets, creating documents, forms, etc. **Please note this class is limited to 12 people.**

## Technology Help Desk

Monday, Wednesday, and Saturday Mornings **by appointment only!**

Computer Lab

Cost: None

Having an issue with your Smart Phone? Questions about your computer or using computer programs? Stop by the Computer Lab Help Desk for answers to your technology questions. Please call the front desk to make an appointment.



## The Pool Table is Ready for Playing!

### Pool Table and Corn Hole!!!

Available Monday, Tuesday, Thursday, and Saturday  
1:00 to 4:00 pm

\*\*\*Located in NEW GAME Room\*\*\*

Cost: None

We have a beautiful competition size pool table available for your use. Get a group together and have fun while sharpening your skills.

### \*\*\*Revised Book Club\*\*\*

Facilitated by Crickit Rockwell

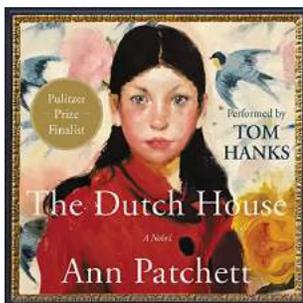
Monthly – Second Tuesday

3:00 to 4:00 pm

Board Room

Cost: None

The Book Club is more than a reading group. It is also a great time to socialize, make new friends. Under New Management, we will be reading the same book together. **The book for the May meeting is “The Dutch House”, by Ann Patchett.** Please join us for some great discussion about this book and time for sharing. Light snacks will be provided. See you then!



### Knitting with Adele

Facilitated by Adele Morrissey  
Thursdays – 11:00 am to 12:00 pm  
Activity Room B

Cost: Members – no cost; Non-members - \$3/class.

Please note that participants will need to bring a pair of knitting

needles, size 8 or 9. Yarn will be provided.

Enjoy lively talk, lots of laughter while learning to knit various projects. Beginner through Advanced knitters are welcome. Adele will lead you through the basics and work with you to create beautiful projects which you can keep or use as gifts to your loved ones.



### Movement Classes with Anna and John

Tuesdays & Thursdays – 9:45 to 10:45 am and 11:00 am to 12:00 pm

Please note! Due to the popularity of this class, we have had to split the class into two different sessions as noted above. Register ahead of time so that we can be sure the classes will not be too crowded.

Multipurpose Room

Cost: Members - \$0/class; Non-members \$5/class

Movement is good for the body, mind, and soul, no matter the age or mobility. These classes give you the opportunity to move and strengthen your body and improve your health.



### Cards and Games

Mondays, Tuesdays, Wednesdays, Saturdays

1:00 to 3:00 pm

Activity Room B

Cost: None

Come to the Center and get a group together to play cards. Cards are available at the Center or bring your own. Like board games or Trivia games? We have plenty to choose from. Get a group of friends together and have some fun!

### Attention!!!

We will be starting Pitch on Tuesdays at 3:00 pm. Anyone interested in learning, feel free to join us!

We also have people looking to get together at the Center to play Scrabble, Dominos, Bridge, Canasta, Pitch, and Chess/Checkers. If you are interested, please contact Marie at the Front Desk at 518-823-4338 so she can add your name to the lists so that we can get these groups started. It is all about having fun together!

**Just got 30 minutes of cardio trying to pick up an ice cube from the kitchen floor.**



You are cordially invited to the Council of Senior Citizens' First Annual Spring Fundraising Gala

Celebrating 50 Years Strong for the Senior Council and Our One-Year Anniversary for the Gathering Place 50 Plus Community Center



Thursday, May 12th, 2022 from 4:00 p.m. to 8:00 p.m.



at

The Olde Tater Barn, 138 Tater Barn Road Central Bridge, NY

Tickets \$50 per person

Special Guest Speakers  
Gourmet Dinner and Appetizers  
Cash Bar  
Live Music  
Local Business Gift Basket Raffle  
50/50 Raffle

Come celebrate with us!

Contact the Gathering Place at 518-823-4338 to purchase tickets in advance for this special event.

**SAVE THE DATE!**

Friday, June 10th, 11:30 am to 4:00 pm

“Let Freedom Ring” Americana Celebration at the Gathering Place

We will be having a barbeque, colorguard, and Patriotic music provided by our very own “Rays of Sunshine”.

We will be recognizing all of our Armed Forces and celebrating our American Flag and our Patriotism! Please join us!



# IT'S TRIP TIME 2022!!!



We have been working hard on our list of trips, both day and multi-day. While prices have gone up, just like everything else, we are working hard to keep these trips as reasonable as possible for all of you. Below is a list of trips for 2022. **Please note that payment requirements will be strictly enforced this year, which means if you are interested in a trip, you must pay the amount due by the due date listed.** In addition, once we have paid Wade, we will not be able to reimburse you if you cannot go on the trip for any reason. The only option available would be for you to find someone who might want to take your place on the trip. While we occasionally have a waiting list for our trips, this is not always the case, so please plan accordingly.

**Thursday, May 5th, 2022: Silver Birches in Hawley, PA. "Flying Ivories" show and family style dinner.** Cost is \$110/person (member) and \$120/person (non-member). It's a show you don't want to miss! Part music, part comedy, and all fun! When you arrive at the beautiful Silver Birches resort, you will be served coffee and apple struesel cake, and be able to shop at the resort at the various kiosks set up. At 12:00 noon, there will be an open bar with draft beer, wine, and soda. At 12:30 p.m., there will be a Family Style Meal served including broccoli salad, baked bread, roast pork loin, Roast Beef, Mashed Potatoes, chef selection vegetables, and Chocolate Mousse for dessert! At 2:00 p.m. the Flying Ivories have been offering a toe-tapping good time since 2001. They have something for everyone! These guys are not your typical musicians. They have a different mission in mind to deliver a show that is part music, part comedy, and all fun. From Billy Joel to Aretha Franklin, from Frank Sinatra to Jerry Lee Lewis, from Garth Brooks to Madonna, these entertainers do it all! **Trip is already scheduled.**

**Wednesday, June 1st, 2022: Magic Wings Butterfly Conservatory and Yankee Candle Village, Deerfield, MA.** Cost is \$112/person (member) and \$120/person (non-member). We will be heading to Deerfield, MA for a fun day. Our first stop will be the Magic Wings Butterfly Conservatory and Gardens. This unique 18,400 square foot facility is filled with butterflies, moths, and beautiful gardens. We will then head to a delectable luncheon at Champney's Restaurant at the Historic Deerfield Inn. You will have a a starter of a local Green Salad, followed by your choice of Beef and Leeks, Herb Roasted Salmon, or Slow roasted turkey breast. For dessert, we will enjoy the Deerfield Inn Indian Pudding. Coffee and Tea are included. We will then head to our final stop - the Yankee Candle Village, one of New England's favorite day trip destinations. **Deadline to register for this trip is May 6th, 2022. Please note payment is due by May 13th.**

**Thursday, June 16th, 2022: Mystic Seaport and Mystic Aquarium, Mystic, Connecticut.** Cost is \$110/person (member) and \$120/person (non-member). We will be heading to Mystic, Connecticut to visit Mystic Seaport, the largest maritime museum in the United States. There are many shops, restaurants, and lots of things to see and do. Enjoy the beautiful ocean views and beautiful boats. Lunch is on your own but there are many places to choose from, especially if you like seafood! We will then head to Mystic Aquarium for the remainder of our day. Mystic Aquarium is one of only two American facilities holding Stellar Sea Lions. There is so much to see and experience at this beautiful aquarium. **Deadline to register for this trip is May 20th, 2022. Please note payment is due by May 27th.**



## Trip's 2022 Continued...

**Friday, July 8th, 2022: Trip to Burlington, Vermont and luncheon cruise on the Spirit of the Ethan Allen. Cost is \$90/person (member) and \$100/person (non-member).** We will be heading to beautiful Burlington, Vermont to enjoy a day on Lake Champlain! We will first board the Spirit of Ethan Allen and enjoy a delicious buffet and cruise on beautiful Lake Champlain offering spectacular views of the Adirondacks and Green Mountains. We will then have some free time to shop at the Church Street Marketplace in Burlington. Then our last stop is at Dakin Farm, a famous 3rd generation Vermont products store. **Deadline to register for this trip is June 10th, 2022. Please note payment is due by June 16th.**

**Wednesday, July 27th, 2022: Trip to the Log Cabin in Holyoke, MA. Cost is \$120/person (member) and \$125/person (non-member).** We will be heading to Holyoke, MA for their "Twin Lobsters or Prime Rib" Dinner. You will select your entree when you sign up. After lunch, we will enjoy the "Barry Manilow and Cher" Show, starring Dave Colucci and Mary Smith. They will play their individual greatest hits and also some classic duets. **Deadline to register for this trip is July 1st, 2022. Please note payment is due by July 8th.**

**Friday, August 12th, 2022: Trip to Block Island, Rhode Island. Cost is TBD.** We will be traveling to beautifully Block Island for a summer get-away to the island. Located twelve miles out in the Atlantic Ocean with beautiful lighthouses, serene walking trails, stunning bluffs, and spectacular beaches, Block Island is a national treasure. Enjoy a delicious lunch in the beautiful surroundings of the National Hotel, located in the heart of the Old Harbor District with magnificent views of the ocean from their large old fashion porch. After lunch, board the Island's sightseeing bus for an informative and scenic guided tour. There will be free time to shop and enjoy some of the charming shops located in this quaint harbor town. Once we depart Block Island by Ferry and arrive back at Port Judith, you will have an hour of free time to get a bite to eat, an ice cream, or a souvenir, before boarding the bus to head back home. **Deadline to register for this trip is July 18th, 2022. Please note payment is due by July 29th.**

**Wednesday, August 31st, 2022: Trip to the Adirondacks, Raquette Lake Luncheon Cruise, and Great Camp Sagamore Guided Tour. Cost is \$130/person (member) and \$140/person (non-member).** We will arrive at the Adirondack Experience, the Museum in Blue Mountain Lake to tour this beautiful museum. We then go to Raquette Lake and board the WW Durrant to enjoy a delicious luncheon cruise with historic narration. We will then head to the Sagamore for a guided tour of the Great Camp Sagamore and the Gilded Age. **Deadline to register for this trip is August 5th, 2022. Please note payment is due by August 12th.**

**Tuesday, September 27th through Thursday, September 29th (3 days/2 nights): Trains in New Hampshire, Lincoln, NH. Cost is \$615 double occupancy per person.** This price includes the transportation, lodging at the Woodwards White Mountain Resort in Lincoln, NH, two train tours, shopping on your own, continental breakfast, Dinner on the LaFayette Dinner Train, and more details will be available shortly. **Deadline to register for this trip is September 1st, 2022. Please note that payment is due by September 8th.**

**Thursday, October 20th through Friday, October 21st, 2022: Sight and Sound Theater and Trip to Lancaster, PA. Cost for members is \$360/single person, \$305/ double, \$290/Triple, and \$280/Quad. Non-member pricing is \$370/single, \$315/double, \$300/Triple, and \$290/Quad.** We will be going to Lancaster, PA for the Sight and Sound Theater to see the production of "David". We will then enjoy a delicious dinner at Millers Smorgasbord, and we will be staying at the Fulton Steamship Inn. In the morning we will enjoy a delicious family style breakfast at the Inn, and then head on to the Bird In Hand Farmers Market. We will also be stopping at the Amish Bakery. **Deadline to register for this trip is September 30th, 2022. Please note payment is due by October 7th.**

**Friday, December 2nd through Saturday, December 3rd, 2022: Trip to Christmas City in Bethlehem, PA. Cost for members is \$353/single person, \$250/ double, \$220/Triple, and \$200/Quad. Non-member pricing is \$365/single, \$275/double, \$230/Triple, and \$210/Quad.** We will be heading to Beautiful Christmas City in Bethlehem, PA. We will be staying at the Wind Creek Bethlehem and each person will receive a \$20 meal coupon and \$40 coupon in free slot play. Amenities include an indoor pool, fitness center and 9 dining options, including restaurants by Emeril Lagasse and Cake Boss Buddy Valastro. The casino has 3,000 slot machines, 200 table games, and a poker room. There is also fabulous shopping at the Outlets at Sands Bethlehem. We will also have a guided tour of Bethlehem by night. We will learn a brief history of the area and see highlights of the city ending with the shining star on south Mountain. More details will be shared in future newsletters. **Deadline to register for this trip is November 1st, 2022. Please note payment is due by November 11th.**

## Tips for Visiting the Gathering Place and Registering for Classes and Events

We are working hard to ensure that every time you visit our Center, you have an enjoyable experience. Consequently, we want to share some helpful tips to make your visit successful:

**Please pre-register for classes by either stopping at the front desk, calling the Center at 518-823-4338, or going online as follows:**

If you want to sign up for classes on-line, and you are already a member with a key card, go to [myactivecenter.com](http://myactivecenter.com) and click on the New Users tab at the top of the page. It will walk you through on how to register for on-line access. If you have any questions, please contact me (Kim) at the Center. The screen looks like the one below:



When you arrive at the Center, please come to the reception area, located at the middle door on the front of the building.

You will need to sign-in using your key card each time you come to the Center. This helps us to keep track of who is in the building, as well as helping us with information on how our class participation is working. If you are not a member, you still need to sign in using the kiosk. Assistance is available if you need help signing in.

If you are a member, you are always welcome to visit the Center, even if you are not participating in any of the classes. We have computers set up

if you would like to use them, as well as free WIFI. Coffee, tea, and water are available for a small donation. We have a nice small library, as well as puzzles if you would just like the company of others and to visit. We LOVE seeing you!

If you have any suggestions or comments about classes or anything pertaining to the Center, please feel free to fill out a comment card and leave it in the box in the reception area.

If you are having issues or have questions about getting assistance of any kind, please feel free to ask Kim and if she is not available, leave your name and number with Marie at the front desk, and Kim will get in contact with you as soon as possible.

We have a wonderful book lending area set up in the Front Lobby. Feel free to browse and take home a book to read. There are also many puzzles and games you are welcome to borrow and take home to use. Just let Marie know when you are borrowing one of these items.

Private Meeting Room: we have a private meeting room that is available for our members to use if they would like to meet with an attorney, insurance provider, or for any other purpose and not have to meet strangers in your home. Just call the Center for availability.

In addition, we now have the ability to accept credit cards at the Gathering Place to process payments for membership, classes, trips, etc. Please note there is a small processing fee (\$.60 plus 2% of total charge) that will be assessed by the bank.



**We want to take this opportunity to thank our Sponsors for all of their continued support of the Gathering Place:**



FENIMORE ASSET MANAGEMENT

For nearly five decades, Fenimore has adhered to a professional investment approach seeking to meet or qualify competitive returns while preserving capital. This approach has led to growth in CA's 75-Billion in assets under management (as of 12/31/2010) with investors' money.



The Nicholas J. Juried Family Foundation



STERLING INSURANCE COMPANY WAS ESTABLISHED IN 1890. WE PROVIDE A WIDE ARRAY OF INSURANCE PRODUCTS TO MORE THAN 100,000 POLICYHOLDERS THROUGHOUT NEW YORK STATE. WE GENUINELY APPRECIATE YOUR BUSINESS AND THE OPPORTUNITY TO SERVE YOUR INSURANCE NEEDS. PLEASE CONTACT ONE OF THE FOLLOWING INDICENT AGENTS REPRESENTING STERLING FOR FURTHER INFORMATION: Bob Potham, Agency: 518-354-4000 • Five Marks Insurance, Agency: 518-254-2327 • Heritage Private Bank, Agency: 518-878-8237 • BEFCU Asset Management Services: 518-295-7188



## Current Board of Directors:

Betty Karlau, President

Judi Sherman, Vice President &  
Director of Schoharie 50 Plus  
Senior Club

Patricia MacNeil, Treasurer &  
Director of the Cobleskill Young  
at Heart Senior Club

Anna Slavinski, Secretary

Faye Harris, Director of the  
Jefferson Senior Club

Shirley Koser, Director of the  
Carlise Senior Club

Dottie Pickett, Director of the  
Conesville/Gilboa Mountaintop  
Senior Club

Willie Karlau, Director of the  
Middleburgh Golden Agers  
Senior Club

Vern Hall, Director of the  
Richmondville Senior Club

Pauline Brown, Director of the  
Sharon Springs Silver and  
Gold Senior Club

Elsa Varrecchia, Director of the  
Summit Senior Club

William Olewnick, Director of  
the Wright Friendly Seniors  
Club

**\*\*\*WE NEED YOU!!!\*\*\***

The Schoharie County Council of Senior Citizens, which is our not-for-profit that is responsible for the operation of The Gathering Place, the Everything Shoppes, and the employer of the bus drivers, medicaid drivers, office staff for the Department of Transportation, and the meal drivers, meal site managers, and some of the office staff at the Office for the Aging (46 employees total). We are making changes to our by laws and also the make up of our Board of Directors.

We are looking for nominations of 4 current members of the Gathering Place who would be willing to serve on our Board of Directors for a two-year term, beginning October 1, 2022.

We have to operate without a Board of Directors who are passionate about The Gathering Place and meet the many needs of our aging population. While these are volunteer positions, we would expect the Board members to attend the monthly Board meetings (4th Monday of each month), promote the Gathering Place and Everything Shoppes, and assist with fundraising opportunities as needed.

If you are interested in being nominated or would like to nominate someone, please see Kim Witkowski, Executive Director, for a nomination form. In addition, if you have any questions, or would like any additional information, please see Kim. Thank you for your continued support!

We want to take this opportunity to thank our Sponsors for all of their continued support of the Gathering Place: (Continued from Previous Page)



Cobleskill Agway



*Gobbler's Knob*

3793 State Route 145 Cobleskill, New York 12043

(518) 296-8008



**YOUR DONATIONS TO  
SCHOHARIE COUNTY  
COUNCIL OF SENIOR  
CITIZENS, INC. ARE  
WELCOME AND TAX-  
DEDUCTIBLE!**

There are many ways you can help us continue to make a significant difference in Schoharie County and surrounding areas. Please understand that every penny counts and helps us to help others. No gift is too small. The Senior Council asks that you help us in whatever way you can to continue to improve aging in our 50 Plus Community.

Here are just a few ways you can help:

- Go to our website, [www.schoharieseniors.org](http://www.schoharieseniors.org) and click the "Donate" button at the top of the page. You can easily make a one-time donation, or set up a monthly donation, through our PayPal account.
- Amazon Smile: We are thrilled to let you know that we have become members of the AmazonSmile.com initiative. When you shop at Amazon, you simply make sure you go to Amazon Smile and pick Schoharie County Council of Senior Citizens, Inc. as your not-for-profit charity. Each quarter, the AmazonSmile Foundation will make donations to us based on your purchases which will help us to continue to bring new programs into Schoharie County to help all of our Senior Citizens.

- Drop off or mail your donation to: 127 Kenyon Road, Cobleskill, NY 12043
- Drop off your clean returnable cans and bottles to Righi's Recycling (3 locations - Cobleskill, Warnerville, and Janesville) and tell them it is for the Gathering Place.

We appreciate your continued support and look forward to bringing even more services and opportunities to our 50 Plus Community!

We are selling Magnetic Gathering Place Signs for your Car. It is a great way to support the Center as well as helping to spread the word. The cost is only \$5 each! We have a limited supply so see Marie if you would like to purchase one.



**OUR EVERYTHING SHOPPES**

Be sure to also visit our Everything Shoppes in Cobleskill and Middleburgh! Donations of clothing and household items are accepted during business hours. Thank you for your continued support!



The Everything Shoppe  
Cobleskill, NY

115 Plaza Lane, Store #8  
Cobleskill, NY 12043

518-254-0181

Hours:  
Tues thru Sat 10:00 AM to 3:00 PM  
Friday's open until 5:00 PM



The Everything Shoppe  
Middleburgh, NY

312 Main Street  
Middleburgh, NY 12122

518-827-4548

Hours:  
Tues thru Sat 10:00 AM to 3:00 PM

## Coming in June...

We will be having some new services starting at the Center in June for our members. One of these services is having a professional hair stylist coming to the Center each month. We are still working out the details, but she will be available for hair cuts only for men and women, and will be doing them for our members at a reduced price.

Also starting in June, we will be having Ann Thayer, from the Alzheimer's Association, coming to the Center a couple of times per month for individuals to be able to set up an appointment and meet with her individually.

More information will be coming out for both of these new services as soon as all the details are worked out. Stay tuned...

A few pictures from our 1st Bus Trip of 2022 to the Log Cabin in Holyoke, Mass! It was a great success and everyone had a great time!



Some pictures of our Easter Celebration at the Center. We had 35 people join us for our potluck Easter Dinner! Thank you to all that came!

